

# JANUARY 2018

## Canastota Cental School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Happy New Year</b> <b>NO SCHOOL</b>	<b>2</b> Sampler Lunch Chicken Strip/Mozz Stick Marinara Sauce Green Beans/WG Roll Fruit Cup/Orange	<b>3</b> Cheese OR Garlic Pizza Rainbow Raw Veggies Assorted Fruit	<b>4</b> Lasagna Bake Romaine Mixed Salad WG Roll & Butter Apple/Fruit Cup	<b>5</b> Shrimp Poppers/Roll Tater Tots Baked Beans Fruit Cup
<b>8</b> Chicken Fajita Wrap Peppers, Onions, Salsa Refried Beans/Corn Applesauce/Fruit Cup	<b>9</b> Hamburger on a Bun French Fries Carrot Sticks Asst. Fruit Cup/Apple	<b>10</b> Pepperoni OR Garlic Pizza Broccoli (steamed) Assorted Fruit	<b>11</b> Asst Subs. Cold Cuts/Cheese RomaineLettuce,Tomato Tortilla Chips & Salsa Fruit Cup/Banana	<b>12</b> <b>Fish Fillet on a Roll</b> Carrots (steamed) Tator Tots Fruit Cup
<b>15</b> <b>Martin Luther King Jr Day</b> <b>NO SCHOOL</b>	<b>16</b> Taco (Hard or Soft) Lettuce,Tomato,Cheese Refried Beans,Rice,Salsa Chilled Pears/Apple	<b>17</b> "Pizza Special Day" Chicken Wing OR Garlic Pizza Carrot and Celery Cup/Dip Assorted Fruit	<b>18</b> Chicken and Biscuits Peas & Carrots Apple/Fruit Cup	<b>19</b> French Toast Sticks Breakfast Sausage Hash Brown/CarrotSticks Warm Applesauce
<b>22</b> Chicken Nuggets/Roll French Fries Carrots (cooked) Peaches/Asst. Fruit	<b>23</b> Meatball Sub Romaine Tossed Salad Baked Beans Veggie Juice/Apple	<b>24</b> Cheese OR Garlic Pizza Broccoli (steamed) Assorted Fruit	<b>25</b> Roast Turkey/Roll Potatoes w/Gravy Winter Squash Cranberry Cup/Fruit Cup	<b>26</b> <b>Chicken Patty on a Bun</b> Sweet Potato Tots Green Beans Assorted Fruit Cup
<b>29</b> Ultimate Cheeseburger on a Bun French Fries Baked Beans Assorted Fruit	<b>30</b> Spaghetti w/Meat Sauce Carrots (steamed) WG Roll & Butter Orange/Fruit Cup	<b>31</b> Taco OR Garlic Pizza Broccoli Salad Assorted Fruit	<b>DID YOU KNOW...</b> <b>JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,</b> <b>WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.</b> <b>HE LOOKED BACK TO THE LAST YEAR AND FORWARD</b> <b>TO THE NEW ONE.</b>	

### A La Carte

**K-3**  
**Cheese or Garlic Pizza**  
**6oz Yogurt with String**  
**Cheese and Roll**  
**PB&J Sandwich on Whole**  
**Grain Bread**  
**4-12**  
**Cheese or Garlic Pizza**  
**Asst Deli Sandwich on**  
**Whole Grain Bread**  
**Asst Salad with Whole**  
**Grain Roll**  
**Chicken Patty on a WG**  
**Bun**

### School News

Jan. 1<sup>st</sup>, 2018 No School

Jan. 15<sup>th</sup>, 2018 No School

Jan, 23-25<sup>th</sup> 2018 Regents Week, Meals served

Meal Prices	K-3	4-12
Breakfast	\$1.10	\$1.10
Lunch	\$2.05	\$2.25

\*Menu subject to change