# JANUARY 2018

## **Vernon Verona Sherrill**

#### MONDAY

## TUESDAY

### WEDNESDAY

## THURSDAY

## FRIDAY

Happy New Year

**NO SCHOOL** 

Sampler Lunch Chicken Strip/Mozz Stick

Marinara Sauce

Green Beans/WG Roll

Fruit Cup/Orange

Cheese OR Garlic Pizza

Rainbow Raw Veggies

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Assorted Fruit

Lasagna Bake

Romaine Mixed Salad

WG Roll & Butter

Apple/Fruit Cup

Shrimp Poppers/Roll

Tater Tots

Baked Beans

Fruit Cup

Chicken Fajita Wrap

Peppers, Onions, Salsa

Refried Beans/Corn

Applesauce/Fruit Cup

Hamburger on a Bun

French Fries

Carrot Sticks

Asst. Fruit Cup/Apple

Pepperoni OR Garlic Pizza 10

Broccoli (steamed)

Assorted Fruit

16

23

Asst Subs. Cold Cuts/Ch

RomaineLettuce, Tomato

Tortilla Chips & Salsa

Fruit Cup/Banana

Fish Fillet on a Roll

Carrots (steamed)

Tator Tots

Fruit Cup

A La Carte

K-8

Cheese or Garlic Pizza 6oz Yogurt with String Cheese and Roll PB&J Sandwich on Whole Grain Bread 9-12

Cheese or Garlic Pizza
Asst Deli Sandwich on
Whole Grain Bread
Asst Salad with Whole

Grain Roll
Chicken Patty on a WG
Bun

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Martin Luther King Jr Day

NO SCHOOL

Taco (Hard or Soft)

Lettuce, Tomato, Cheese

Refried Beans, Rice, Salsa

Chilled Pears/Apple

"Pizza Special Day" Chicken Wing OR Garlic

Carrot and Celery Cup/Dip

Assorted Fruit

Chicken and Biscuits

Peas & Carrots

Apple/Fruit Cup

French Toast Sticks

19

Breakfast Sausage

Hash Brown/CarrotSticks

Chicken Patty on a Bun

Warm Applesauce

Chicken Nuggets/Roll

French Fries

Carrots (cooked)

Peaches/Asst. Fruit

Meatball Sub

Romaine Tossed Salad

Baked Beans

Veggie Juice/Apple

THE WHAT WAS

Cheese OR Garlic Pizza 24

Broccoli (steamed)

Assorted Fruit

Roast Turkey/Roll

Potatoes w/Gravy

Winter Squash

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Cranberry Cup/Fruit Cup

25

Sweet Potato Tots

Green Beans

Assorted Fruit Cup

Ultimate Cheeseburger

on a Bun

500

French Fries

Baked Beans

Assorted Fruit

Spaghetti w/Meat Sauce

Carrots (steamed)

WG Roll & Butter

Orange/Fruit Cup

Taco OR Garlic Pizza

Broccoli Salad

Assorted Fruit

DID YOU KNOW ...

JANUARY IS NAMED AFTER THE ROMAN GOD JANUS, WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS. HE LOOKED BACK TO THE LAST YEAR AND FORWARD TO THE NEW ONE.

## **School News**

Jan. 1<sup>st</sup>, 2018 No School

Jan. 15th,2018 No School

Jan, 23-25<sup>th</sup> 2018 Regents Week,Meals served

Meal Prices K-5 6-12

Breakfast \$1.00 \$1.00 Lunch \$1.70 \$1.95

\*Menu subject to change

Harvest of the Month
Squash
Local Foods on Menu
Milk
Apple
Pizza Crust