

MARCH 2018

Oneida City Schools

Monday

Did You Know...

An old proverb says, "March comes in a like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

Hot Ham & Cheese on a Pretzel Bun **5**
 Steamed Carrots
 French Fries
 Assorted Fruit

Meatball Sub **12**
 Carrots (steamed)
 Baked Beans
 Assorted Fruit

Hamburger on a Bun **19**
 French Fries
 Baked Beans
 Asst. Fruit Cup/Apple

French Toast Sticks **26**
 Breakfast Sausage
 Carrot Sticks
 Veggie Juice
 Warm Applesauce

Tuesday

TACO TUESDAY **6**
 Taco (Hard or Soft)
 Lettuce, Tomato, Cheese
 Refried Beans
 Chilled Pears/Apple

Sampler Lunch **13**
 Chicken Strip/Mozz Stick
 Marinara Sauce/Dip
 Green Beans/WG Roll
 Fruit Cup/Grapes

Chicken Fajita Wrap **20**
 Rice/Peppers & Onions
 Green Beans
 Fruit Cup/Apple

Deli Choice **27**
 Turkey or Egg Salad
 Romaine/Lettuce, Tomato
 French Fries
 Fruit Cup/Banana

Wednesday

Pepperoni OR Garlic Pizza **7**
 Broccoli (steamed)
 Assorted Fruit

Chicken Ranch OR Garlic Pizza **14**
 Rainbow Raw Veggies
 Assorted Fruit

Cheese OR Garlic Pizza **21**
 Carrot Sticks/Dip
 Assorted Fruit

"Big Daddy Pizza" **28**
 Cheese OR Garlic Pizza
 Broccoli (steamed)
 Assorted Fruit

Thursday

Oriental Chicken/Rice **1**
 Steamed Corn
 Veggie Egg Roll
 Apple/ Fruit Cup

Chicken and Biscuits **8**
 Green Beans
 Apple/Fruit Cup

Roast Turkey/Roll **15**
 Potatoes w/Gravy
 Peas & Carrots
 Orange/Fruit Cup

Homemade Spaghetti with Meatballs **22**
 Broccoli
 WG Roll & Butter
 Orange/Fruit Cup

Pizza Crunchers/Roll **29**
 Peas (steamed)
 Marinara Sauce
 Assorted Fruit Cup

Friday

Read Across America Day **2**
 Fish Taco On WG Wrap
 Romaine/Tomato
 Carrot Sticks
 Dr. Seuss Juice Rush Cup
 Asst. Fruit Cup

WG Fish Patty on a Bun **9**
 Sweet Potato Tots
 Corn
 Assorted Fruit Cup

Superintendent's Conference Day **16**
 NO SCHOOL

Toasted Cheese **23**
 Sweet Tater Tots
 Creamy Coleslaw
 Fruit Cup

Good Friday **30**
 NO SCHOOL

A La Carte

K-8
 Cheese OR Garlic Pizza
 6oz Yogurt with String Cheese and Roll
 PB&J Sandwich on Whole Grain Bread
 9-12
 Cheese or Garlic Pizza
 Asst Deli Sandwich on Whole Grain Bread
 Asst Salad with Whole Grain Roll
 Chicken Patty on a WG Bun

School News

March 16th Supt. Day—
 No School

March 30th Good Friday—
 No School

Meal Prices K-5 6-12
 Breakfast \$1.00 \$1.00
 Lunch \$1.90 \$2.05

*Menu subject to change