

MARCH 2018

Vernon Verona Sherrill

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

An old proverb says, "March comes in like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

Hot Ham & Cheese on a Pretzel Bun **5**

Steamed Carrots
French Fries
Assorted Fruit

TACO TUESDAY Taco (Hard or Soft) **6**

Lettuce, Tomato, Cheese
Refried Beans
Chilled Pears/Apple

Pepperoni OR Garlic Pizza **7**

Broccoli (steamed)
Assorted Fruit

Chicken Nuggets/WG Roll **1**

Steamed Corn
Veggie Juice
Apple/ Fruit Cup

Read Across America Day Fish Taco On WG Wrap **2**

Romaine/Tomato
Carrot Sticks
Dr. Seuss Juice Rush Cup
Asst. Fruit Cup

Chicken and Biscuits **8**

Green Beans
Apple/Fruit Cup

WG Fish Patty on a Bun **9**

Sweet Potato Tots
Corn
Assorted Fruit Cup

Meatball Sub **12**

Carrots (steamed)
Baked Beans
Assorted Fruit

Sampler Lunch **13**

Chicken Strip/Mozz Stick
Marinara Sauce/Dip
Green Beans/WG Roll
Fruit Cup/Grapes

Chicken Ranch OR Garlic Pizza **14**

Rainbow Raw Veggies
Assorted Fruit

Roast Turkey/Roll **15**

Potatoes w/Gravy
Peas & Carrots
Orange/Fruit Cup

Superintendent's Conference Day **16**

NO SCHOOL

Hamburger on a Bun **19**

French Fries
Baked Beans
Asst. Fruit Cup/Apple

Chicken Fajita Wrap **20**

Rice/Peppers & Onions
Green Beans
Fruit Cup/Apple

Cheese OR Garlic Pizza **21**

Carrot Sticks/Dip
Assorted Fruit

Homemade Spaghetti with Meatballs **22**

Broccoli
WG Roll & Butter
Orange/Fruit Cup

Toasted Cheese **23**

Sweet Tater Tots
Creamy Coleslaw
Fruit Cup

French Toast Sticks **26**

Breakfast Sausage
Carrot Sticks
Veggie Juice
Warm Applesauce

Deli Choice Turkey or Egg Salad **27**

Romaine/Lettuce, Tomato
French Fries
Fruit Cup/Banana

"Big Daddy Pizza" Cheese OR Garlic Pizza **28**

Broccoli (steamed)
Assorted Fruit

Pizza Crunchers/Roll **29**

Peas (steamed)
Marinara Sauce
Assorted Fruit Cup

Good Friday **30**

NO SCHOOL

A La Carte

K-8
Cheese OR Garlic Pizza
6oz Yogurt with String Cheese and Roll
PB&J Sandwich on Whole Grain Bread
9-12

Cheese or Garlic Pizza
Asst Deli Sandwich on Whole Grain Bread
Asst Salad with Whole Grain Roll
Chicken Patty on a WG Bun

School News

March 16th Supt. Day—
No School

March 30th Good Friday—
No School

Meal Prices K-6 7-12

Breakfast	\$1.00	\$1.00
Lunch	\$1.70	\$1.95

*Menu subject to change

Harvest of the Month
Carrots (Maple)
Local Foods on Menu
Milk
Apple
Pizza Crust