

NOVEMBER 2018

Camden Central Schools

Monday

Tuesday

Wednesday

Thursday

Friday

A La Carte

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

Hot Dog on a Bun

5

Tator Tots
Baked Beans
Fruit

Beefy Soft Tacos/Cheese

6

Romaine Lettuce/Tomatoes
Salsa, Corn
Apple/Fruit Cup

Fish Fillet on a Roll

7

Green Beans
Coleslaw
Assorted Fruit Cups

Meatball Tunnel

1

Romaine Veggie Salad
Apple/Fruit Cup

Garlic or Pepperoni Pizza

2

Broccoli Florets/with Dip
Assorted Fruit

Chicken Fajita With WG Tortilla/Cheese

8

Lettuce ,Tomato, Salsa
Broccoli
Grapes/Fruit Cup

K-12

½ Day

K-4
6oz Yogurt with String Cheese and Roll
PB&J Sandwich on Whole Grain Bread
5-12
Cheese or Garlic Pizza
Asst Deli Sandwich on Whole Grain Bread
Asst Salad with Whole Grain Roll
Chicken Patty Hamburger

SERVED DAILY
Assorted Fruit Cup
Fresh Fruit

CHOICE OF MILK
1% White, Fat Free-White, Fat Free-Chocolate, or Fat Free Strawberry

Veteran's Day

12

No School

Sampler Lunch Chicken Strip/Mozz Stick

13

Marinara Sauce/Dip
Peas /WG Roll
Fruit Cup/Orange

Cheese OR Garlic Pizza

14

Carrot Sticks/ Dip
Assorted Fruit Cup

Roast Turkey/Roll

15

Potatoes w/Gravy
Carrots (steamed)
Apple Slices/Fruit Cup

Cheese or Pepperoni Pizza

16

Carrots Sticks/Dip
Assorted Fruit Cup

French Toast Sticks

19

Breakfast Sausage
Broccoli/Carrot/Celery Cup
Asst.Fruit Cup

Deli Style Turkey or Tuna Salad Romaine Lettuce, Tomato

20

Sweet Potato Tots
Baked Beans
Apple/Fruit Cup

Thanksgiving Recess

No School

21

22

23

November 12th –Veteran's Day—No School

November 21st-23rd – Thanksgiving Recess—No Classes

Meal Prices

Extra Breakfast K-12 \$1.25
Extra Lunch K-4 \$1.75
5-12 \$2.25

*Menu subject to change

Ultimate Cheeseburger on a Bun

26

French Fries (Lettuce, Tomato)
Baked Beans
Assorted Fruit

Homemade Spaghetti with Meat Sauce

27

Green Beans
WG Roll & Butter
Apple/Fruit Cup

Macaroni and Cheese

28

Steamed Broccoli
Whole Grain Roll
Assorted Fruit

Chicken Nuggets /Roll

29

Rice
Corn
Banana/Fruit Cup

Cheese Pizza

30

Fresh Veggie Cup/With Dip
Assorted Fruit